



ART, NATURE & COLOUR
INTERIOR LANDSCAPES
FOR WELL BEING

Claudia Bonollo



*Or che i sogni e le speranze si fan veri come fiori,
sulla Luna e sulla Terra fate largo ai sognatori!*

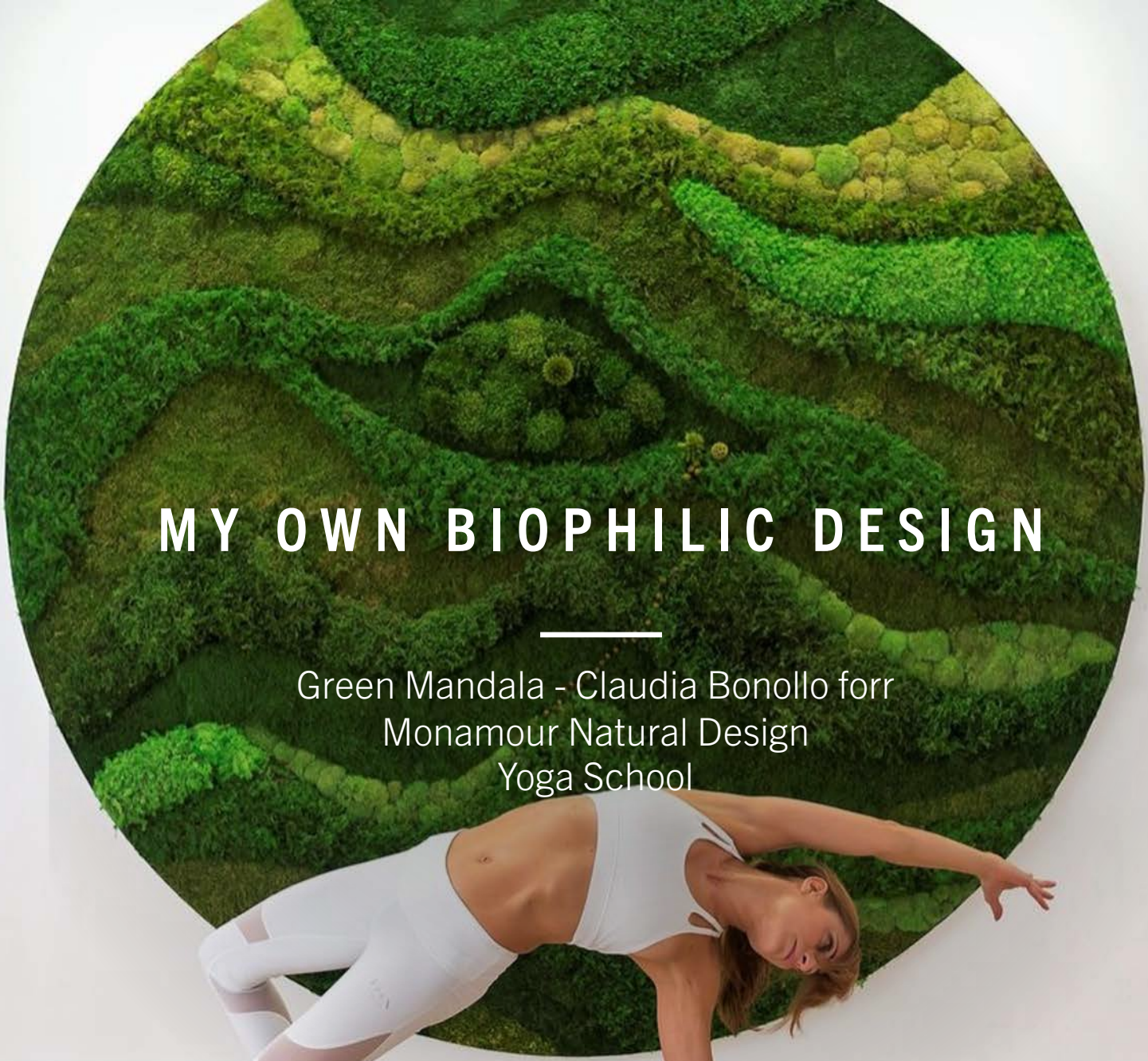
Gianni Rodari

ART, NATURE & COLOUR: INTERIOR LANDSCAPES FOR WELL BEING

When I created my eco & biophilic design studio, I knew that introducing nature and sustainability into interior spaces went far beyond simply placing some plants in the corners or covering walls with moss. It was about creating true indoor landscapes.

I also knew that I needed to adopt a much broader approach, incorporating additional skills and competencies into my work.

This year, an interesting collaboration between art, nature and health (Biophilia in progress) began with the prestigious Ilustre Colegio de los Médicos in Madrid.



MY OWN BIOPHILIC DESIGN



Green Mandala - Claudia Bonollo forr
Monamour Natural Design
Yoga School

BIOPHILIA

The Greek etymology of the word '**biophilia**' means love of life. Biophilic design contributes to the creation of a space where people can feel good in every sense.

In recent years, there has been a significant evolution regarding what can be considered as biophilic architecture capable of reconnecting us with sustainable, ecological, and integrative living. Initially, only the construction system used was taken into account, while nature and colors were relegated to secondary roles. Fortunately, today there are many other factors that are very important: natural light, visual ergonomics, the color and chromaticism of spaces, art, induced creativity, materials that open us to tactile experiences, and obviously, a more intimate and mysterious relationship with nature.

Now it is known that the presence of vegetation affects the psychological well-being of people and that beyond the obvious benefits, it has a positive effect on acoustic comfort in the space, reducing noise permeability. However, it is not just about technical devices; through the perception of light and color, it is also possible to activate and significantly improve the quality of our spatial experiences.

Biophilic design is not a list of rules and precepts, as it is unfortunately often interpreted, but a more sensitive and receptive way of thinking and approaching a project, opening up to new knowledge. Today, more than ever, it is necessary to develop a sensitive architecture capable of integrating empathy and the five senses because it positively influences our health and well-being.

According to recent neurobiological studies, color is intimately linked to our deepest emotions. The subjective condition it appears destined for is just the tip of the iceberg. Each color evokes different feelings and reactions, even when people are not consciously aware of it. The achromatic trend of minimalism in interior design has created a kind of sensory impoverishment, the effects of which have yet to be fully calculated. Color, fundamental in all our interventions - whether ephemeral or not - is the generative element of each project, a sensory narrative that brings new content.

Together, we will explore a selection of biophilic projects, organic synesthetic installations, contemporary metaphysical gardens that exert a perceptual influence by conveying emotions in a positive way.,

By combining art and nature, light and color, empathy, and attention to the perceptions and needs of future users, in other words, by interpreting life with all its complexity of meanings, it is possible to create inspiring and inclusive spaces where people can feel comfortable, as well as beautiful and healthy.

An aerial photograph of a vibrant garden. The ground is covered in a dense carpet of green moss or low-growing plants. Scattered throughout are numerous small, colorful flowers in shades of red, orange, yellow, blue, purple, and pink. Some flowers are arranged in distinct patterns or paths. A small, dark, rectangular object, possibly a shadow or a small structure, is visible in the upper right quadrant. The overall scene is a rich, multi-colored tapestry of nature.

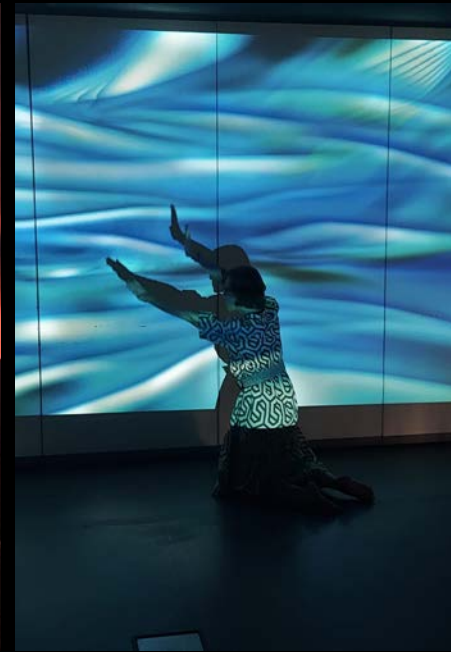
EMPATHY

SYNAESTHESIA — Claudia Bonollo for Monamour Natural
Design

Selected work at Open House

Recent studies have confirmed that our reaction to colour, even when we are not aware of it, is total: it influences us both psychologically and physiologically. Even when we do not have a specific sensitivity to colour... considering colour as a "mere aesthetic factor," reducing it to a phenomenon subject to personal interpretation, or merely as a decorative and, therefore, secondary element, is erroneous and counterproductive. Colour influences our mood, alters our emotions, makes us more talkative or reserved, exalts or depresses us. We have to learn to be aware of colour. Another common mistake is passively following colour trends in design and fashion or thinking that white and black and the common belief that choosing a range of grays, so frequent in our contemporary landscape, exempt us from the effects of their choice.

No colour is neutral.



Interaction with Colour
Seminar SOSTenibilidad y CREAtividad at La
Casa Encendida - Madrid

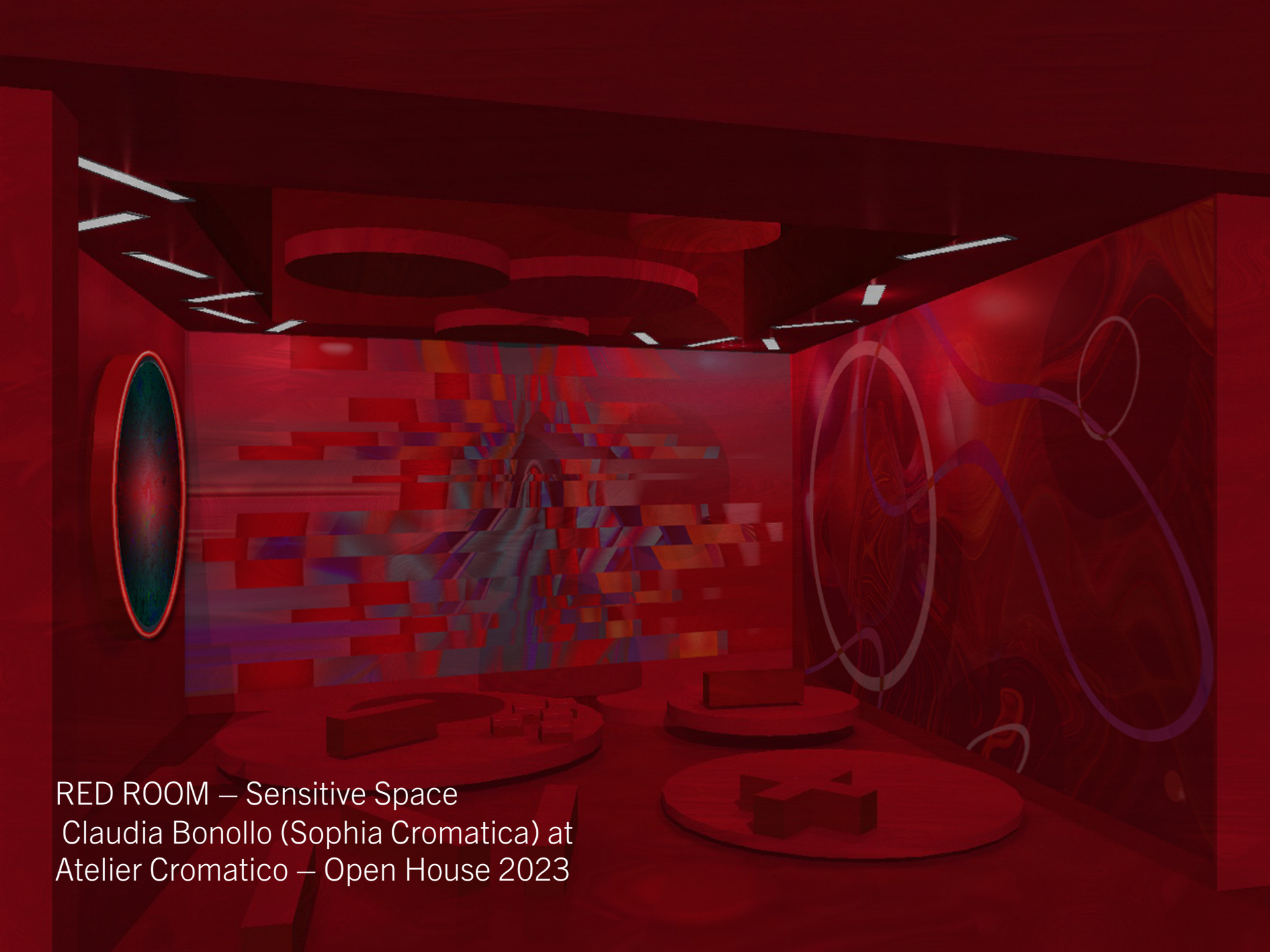


SENSITIVE SPACES

Chromatic Symphony – Claudia Bonollo

for Monamour Natural Design

Selected work at Madrid Design Festival



RED ROOM – Sensitive Space
Claudia Bonollo (Sophia Cromatica) at
Atelier Cromatico – Open House 2023



ORGANIC INSTALLATIONS WITH LIGHT BOXES

INDOOR SENSITIVE LANDSCAPES
Claudia Bonollo

SYNESTHESIA

- Multi sensory Garden – Claudia Bonollo

A glass terrarium containing a variety of green plants, including a large green leaf, a small blue flower, and a green moss ball. The terrarium is suspended and reflects the surrounding environment. In the background, there is a red floral arrangement with large red flowers and smaller red buds.

GREEN PLANETS

Organic Worlds — Claudia Bonollo

The background of the slide features three glass terrariums arranged in a triangular pattern. Each terrarium contains a variety of green plants, including ferns and leafy greens, along with several small, blue, fish-like objects. The overall aesthetic is natural and organic.

PERSONAL PLANETARIUM

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- Organic Worlds – Claudia Bonollo

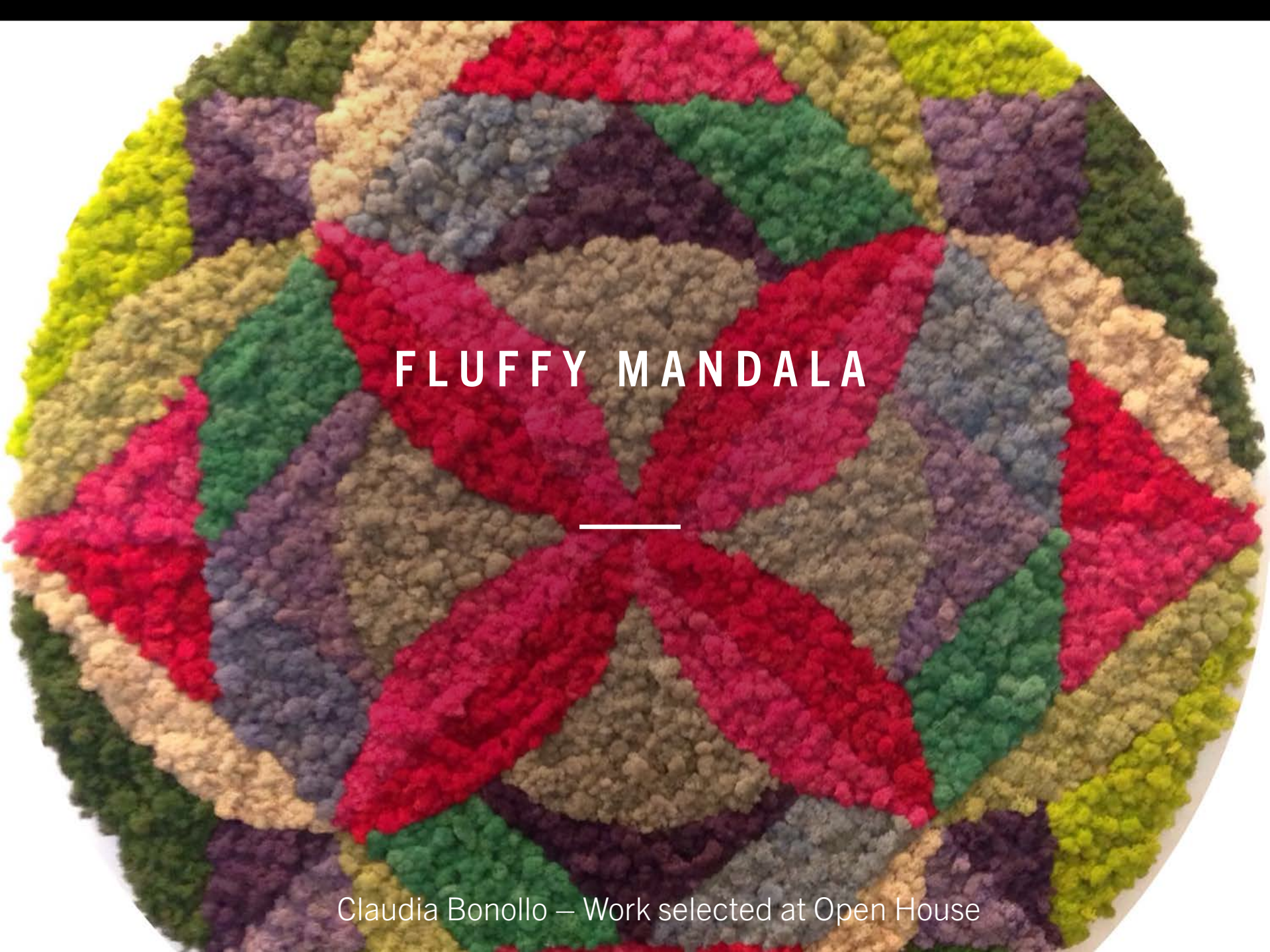


"La eterna primavera" - instalación multimedia con elementos orgánicos, cajas de luz con flores y planetas personalizados - Claudia Bonollo para Mon



ORGANIC LIGHT BOXES

Claudia Bonollo — Work selected at Open House



FLUFFY MANDALA

Claudia Bonollo – Work selected at Open House

A square block of preserved natural lichens and roses, set against a dark red circular background. The block is filled with a dense, textured arrangement of small, dark red roses and lichens. The text "ROSA DI MAGGIO" is centered over the block in a white, bold, sans-serif font.

ROSA DI MAGGIO

PRESERVED NATURAL LICHENS AND ROSES



COSMIC GARDENS

Claudia Bonollo – Work
selected at Open House



EPHEMERAL
THE GREEN CATHEDRAL
CASA DECOR - XX ANNIVERSARY

Mi jardín es
mi más bella
obra de arte
Monet

E P H E M E R A L

THE POPUP GARDEN AT THE WESTIN PALACE

Claudia Bonollo - 2nd Prize in the prestigious international
Pida Paesaggio competition



EPHEMERAL
THE POPUP GARDEN AT THE
WESTIN PALACE

Claudia Bonollo - 2nd Prize in the prestigious international
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CUBIC GARDENS



CUBIC TABLES
WITH PRESERVED PLANTS



BOTÁNICA DE OTROS MUNDOS
CLAUDIA BONOLLO FOR
ESTUDIO ESCENIUM
CASA DECOR

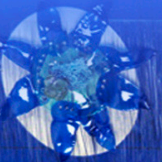
RECYCLING (NATURE & PET)

THE FLYING CARPETS SOON AT MADRID DESIGN FESTIVAL
2024... STAY TUNED!

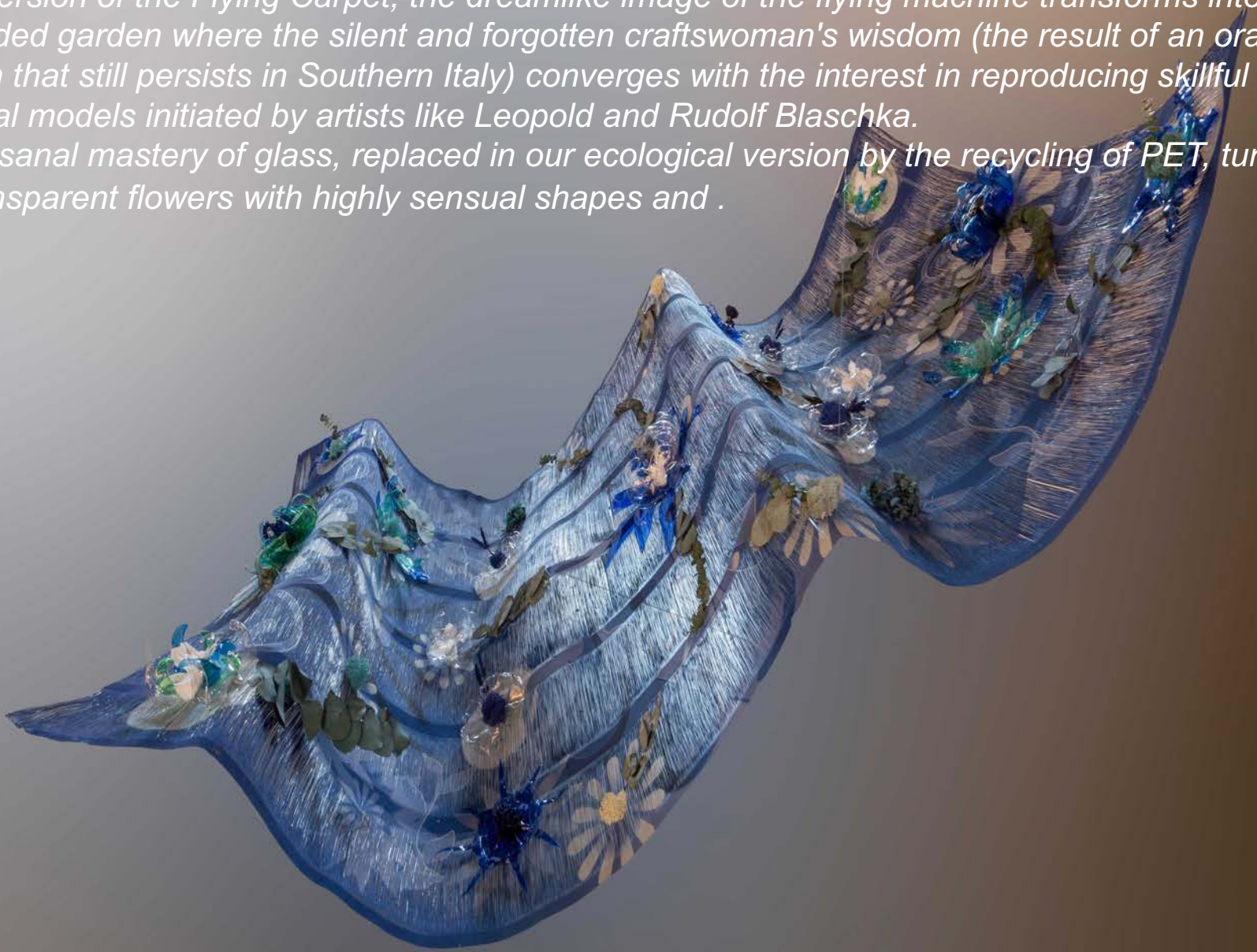


foto: PhotoAlquimia

monamour natural design Gallery
LAS ALFOMBRAS VOLADORAS - Claudia Bonollo y Wanda Romano



In our version of the Flying Carpet, the dreamlike image of the flying machine transforms into a suspended garden where the silent and forgotten craftswoman's wisdom (the result of an oral tradition that still persists in Southern Italy) converges with the interest in reproducing skillful botanical models initiated by artists like Leopold and Rudolf Blaschka. The artisanal mastery of glass, replaced in our ecological version by the recycling of PET, turns into transparent flowers with highly sensual shapes and .



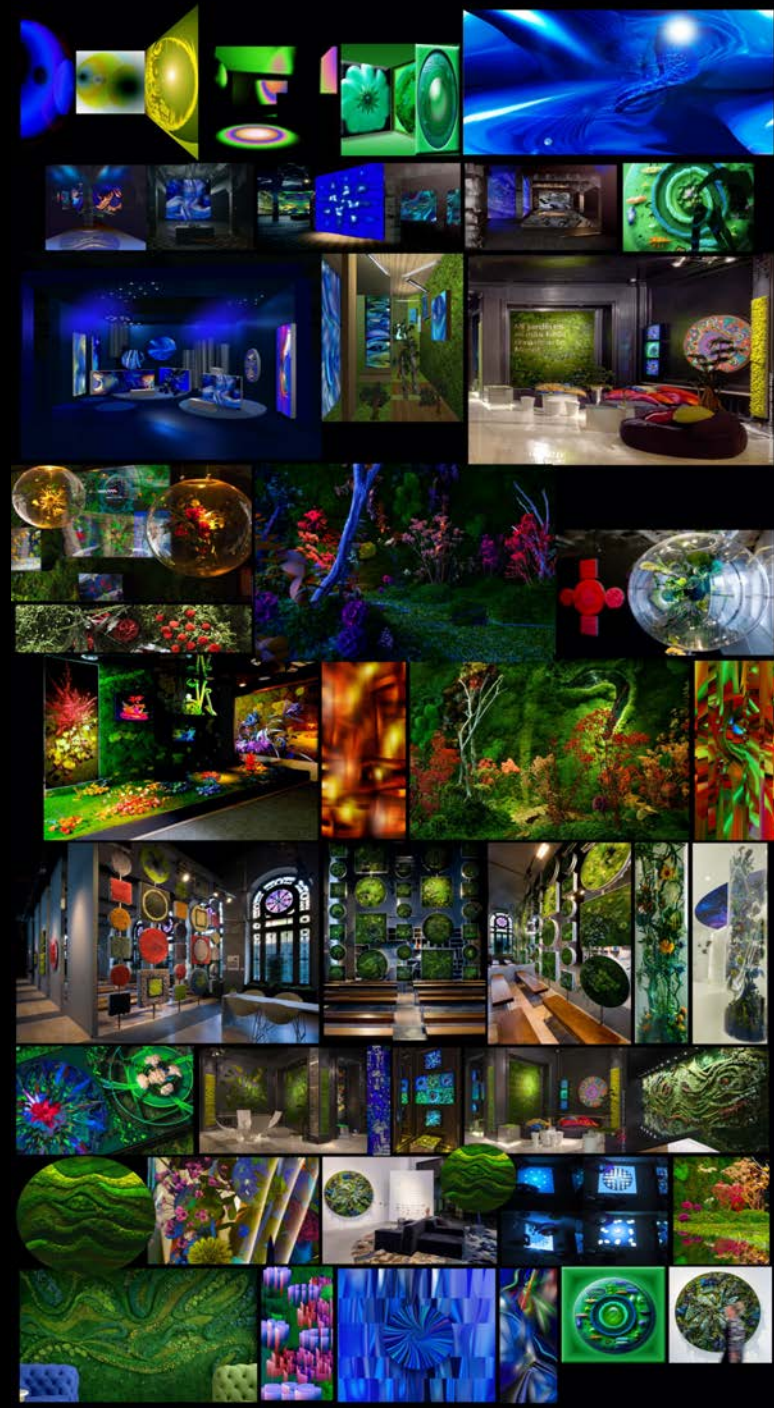


INTERIOR
LANDSCAPES/
ARCHITECTURE AND
HAPPINESS

CLAUDIA BONOLLO

ARCHITECTS MEET IN SELINUNTE

AIAC (ITALIAN ASSOCIATION OF
ARCHITECTURE & CRITIC)





Claudia Bonollo, artist / architect / art director of monamour natural design
by Sergio Polano, critic of art and architecture

Before the critic's gazing eyes *Claudia Bonollo's work* present a seemingly indecipherable map of contemporary art landscapes. Nowadays art criticism seems to be devoted to distant territories, dark and obscure. Its language, distracted by personal and nostalgic memories attracted by an effortless usage of emphatic and trivial analyses, is imbued with trite rhetoric and anchored to the residual substrata of aesthetic platitudes and obsolete readings.

Bonollo's boundaries circumscribe another world, whose legitimation goes beyond canonical law and is reinforced by its own existence. A landscape in which one can follow different directions, which become clues of a virtual displacement. If we want to preserve an unbiased point of view, we may find that this approach dangerously but inevitably is the only way to single out few voices in a confused soundscape. These voices speak mysterious languages and reveal their lore and wisdom.

It is a never-ending process of transfiguration, as if her art tried to escape definitions and common labels. This process creates possible ways of interpreting art beyond subjectivity. It is a kind of art open to other possible worlds, whose febrile activity is in itself a challenge. A challenge that means exploring new territories, moving along uneven paths, conveying dynamic energies, producing dazzling matter-like lumps, whose colour and light, emerge from their actual spatial delimitation in their *becoming*.

This matter moves, expands and contracts along aimless directions. It turns into light that is colour, renders vision paradoxical and echoes the sound of choral voices in different modulations and tones. Flashes of lightning in the dark let us perceive the horizon for a second. This is indeed all we need.

(translated by Carla Bonollo)

CV CLAUDIA BONOLLO

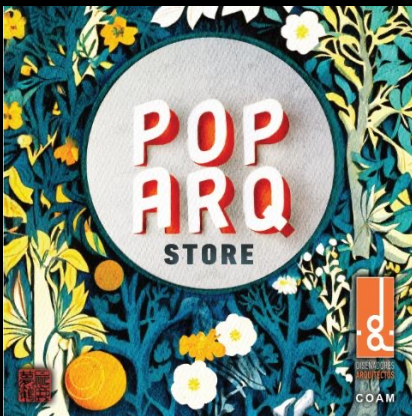
Claudia Bonollo, Architect, artist, Colour Consultant and eco & biophilic designer. She alternates research and colour consulting activity with outright experimentation in any area of creation, combining different techniques, materials, languages and disciplines. It is committed to empathetic and personalized design and is interested in synesthesia and the links that exist between colour and emotions. As Head Designer and Art Director for Monamour Natural Design, she develops innovative and unique lines of artistic, dreamlike, thematic and design gardens, taking the natural material used to unexplored limits with special attention to ecology and sustainability in all phases of the project, always designed for the well-being of future users. Founder and Art Director of the first eco & biophilic design studio in Spain and Founder and Director of the Atelier Cromático, an international platform for art, culture, and colour research.



Atelier Cromático Founded in Madrid in 2002 and led by Italian architect and artist Claudia Bonollo, Atelier Cromático is an international organization for art, culture, and colour research and a multidisciplinary laboratory for conscious chromatic exploration. Originally conceived as a new cultural promotion hub, it has evolved into a meeting point for artists, architects, urban planners, art enthusiasts, historians, scientists, philosophers, poets, psychologists, therapists, musicians, and more. Activities revolve around thematic dinners, gastronomic gatherings, masterclasses, workshops, creative nights, art-house film nights, seminars, exhibitions, video projections, and are characterized by two fundamental criteria: the belief that research should be approached in a multidisciplinary manner and the emphasis on experimentation, turning every participant in our initiatives, whether a teacher, student, or simple visitor, into a researcher.

Monamour Natural Design is a pioneering eco & biophilic design studio working in an international context. Each project, the result of a continuous research and very innovative techniques, becomes a sustainable creation as it incorporates elements of nature into the artistic and designed final object, involving all senses and using a contemporary language. In Monamour Natural Design's organic creations, the study on colour plays a central role. Spaces are turned into sensitive spaces ideal for contemplation and activate feelings of well-being, giving life to very different and versatile surroundings. Each project is inspired by a theme, always ecological and respectful towards nature and the environment, producing dreamlike and empathic installations.

FESTIVALS 2023



COLABORATIONS



Biophilia in progress

